

INTEGRATIVE FAMILY THERAPY

MEET THE TEAM

AT INTEGRATIVE FAMILY THERAPY



Cayley Harrell, AMFT
Children/Teens



Klara Placek, LMFT
Couples/Adults



Cristina Trette, LMFT
Couples/Families



James Hanson, LMFT
Couples/Parents



Leah Webb, LMFT
Teens/Parents



Noa Hochman, BA
Care Coordinator

www.integrativefamilytherapy.com

Cristina and her colleagues offer emotionally focused therapy to improve relationships and help clients learn effective communication techniques. Their goal is to strengthen their clients relationships. They provide a safe space where their clients can express emotions without judgement. They teach emotional regulations skills including: slow down, notice the emotion, and share.

AREAS OF FOCUS

1. Parents: guidance with parenting and communication skills.
2. Couples counseling: helping communication
3. Families: Teaching emotional regulation skills

CONTACT INFORMATION

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