



July 2022 Newsletter



Calm Jar

Try out this DIY activity. Debbie Zeichner shared with our staff to help increase mindfulness.



Super Star Students

Click HERE to see the amazing students who gave it their all in June!



Want more e3?

Visit our LinkTree HERE to find even more resources and subscribe to our releases!

Featured Articles

- Interested in how ADHD and dyslexia overlap and how to manage them?
- Mary Mou of Flourishing Families Counseling supports the whole family through the therapy process
- Local professional Debbie Zeichner helps coach and educate parents
- Want to make sure your student's college applications truly shine?



Worried about summer slide?

Summer slide is a real concern, especially given the gaps from learning disruptions due to the pandemic. Click HERE to learn more about some easy practices to include this summer to help keep your children's brains working!

