

# Recent Webinars

SHARING OUR LEARNING

## *A Parent's Guide to School Options for Students with ADHD and LD*

Write up by Nicole Frischknecht

Kathy Kuhl led us on a magnificent journey through school options in her recent webinar, “A Parent’s Guide to School Options for Students with ADHD and LD”, through ADDitude . Kathy Kuhl is a specialist in ADHD, LD, autism, and/or giftedness, if you’re interested, you can learn more from her [blog](#).

### **Key Tips:**

- 1. Know your child as a learner.**
- 2. Know your family and their values, concerns, and needs.**
- 3. Know your options and how to search.**

Each parent knows their own child and family best, but here are some tips and strategies to help guide you through the decision making process:

#### **1. Know your child as a learner.**

Make a list of concerns, challenges (pre and post pandemic), strengths/talents, which teachers/settings work best, what assists have worked/not worked, structures, etc, that affect your child’s learning process and success.

#### **2. Know your family’s values, concerns, and needs.**

Consider the physical environment, religious preference, and what your goals are for your child (character, emotional intelligence, social justice, nature...).

Take note of these 3 limiting factors: *money* (finances), *time* (parent investment time), and *transportation* (to and from school/extracurriculars).

#### **3. Know your options and how to search.**

# **Schooling Options**

## **Public School**

1. Teaching is limited to what the school says they can do.
2. Not much space for individualized attention.
3. Must comply with IEPs/504s.

## **Magnet Schools**

1. Twice exceptional (LD and gifted).

## **Charter Schools**

1. Public education that is tuition free and open to all.
2. Honor IEP/504
3. Staff has more autonomy to choose their own standards, curriculum & discipline
4. Depend on test scores to show their value to the state.
5. Early application deadlines!
6. Limited space.

## **Online Charter Schools** (click for more details)

1. Public education that is free and open to all.
2. Honor IEP/504
3. If it is a public school, they must honor IEP/504s. Check out this website ("[Know your rights](#)") in finding out how to get support for 504/IEPs in public schools.

## **Private/Independent Schools**

### General

1. Funded privately.
2. Aren't required to honor 504/IEP.
3. Typically smaller in size.

### Boarding

1. Provides structure, community, and opportunities to grow in home-based learning
2. Faculty/staff is a strong team.
3. Distance from family dynamics.
4. [SOAR](#) (academy for ADHD students)

## **Micro/Learning Pods**

1. Started during the pandemic, but is still happening.
2. Parents work collaboratively to provide education for kids.
3. Visit [schoolchoiceweek.com](http://schoolchoiceweek.com) for each state's rules on how to go about this.

### [Online Private Schools](#) (click for more details)

1. If considering this option, ask yourself: how did learning online go during the pandemic?
2. What remediation/accommodations do they provide for students?
3. Were they self-motivated? Will they ask an online teacher for help?

### **Homeschool**

“See more of the world”

1. Parent-directed education
2. Parents set goals, schedule, great flexibility
3. Students go at own pace
4. Incorporate movement, modify work locations
5. Hands on, immersive, field trips, tactile
6. Schedule therapy/tutoring before student is exhausted
7. Can get curriculum pre-made (BookShark, Memoria, etc)
8. Can outsource classes that parent doesn't want to teach
9. [HSLDA.org](https://www.hsllda.org) for laws for Homeschooling