



FAMILY FUN LIST: FEBRUARY 2023

Creating connections between you, your family, and our community

Embracing Autism Podcast:

Hosted by Lia & Matt McCabe, a neurodiverse couple with two autistic children, and focuses on their experiences to offer encouragement and advice for parents.

Happier Human Kindness Activities:

Try out some of these 15 activities to teach the importance of being kind to others. Mostly geared toward younger children.

Winky Think Logic Puzzles:

For \$2.99, you'll get access to 180 logic puzzles for children that are also Common Core aligned!

Benefits of Hygge:

The cozy wellness trend. Just a trend or a practice with true benefits? Learn more about hygge and the peace it could bring to your life.

Museum Month:

Visit your local library to get passes for 50% off entrance to attractions around the county including gardens, museums, and more.

Half Baked Harvest:

Try this simple and tasty sheet pan dinner recipe for a quick healthy meal. Take-out style made in your own kitchen!

Valentine's Books:

A list of books to read for children of all ages from the Today Show. Spend the February holiday focused on love and nurturing!

In the Kids Kitchen:

A compilation of family friendly Valentine's recipes from many different blogs. Show love to each other by cooking up something new together!

Events

Stemtations Valentine's Workshops
Eppig Brewing
2/11, 2/12

Harlem Globetrotters
Pechanga Arena
2/25, 2 pm & 7 pm

Random Acts of Kindness Day
2/17
see website for more details