



## April 2023 Newsletter



### Want More e3?

Visit our LinkTree [HERE](#) to find even more resources!



### Staff Development

This month's podcast episode is "[How to Turn Anxiety Into a Superpower with Dr. Wendy Suzuki](#)"

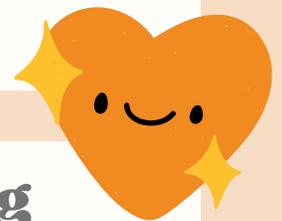


### Super Star Students

Click [HERE](#) to see the students nominated for our bimonthly award recognizing outstanding effort!

## Featured Articles

- [Check out the first part of our series reviewing special education law](#)
- [Learn more about ADHD medications and how they impact adults and children alike](#)
- [Find goal setting strategies to help ADHD students succeed](#)



## Outside Learning

A selection of interesting articles from around the web. Click the underlined link to access.

Teen Girls Are Not Alright.  
ADHD Magnifies the Crisis.  
([From ADDitude Magazine](#))

Don't Make This Mistake When  
Teaching Letter Sounds!  
([From Droppin Knowledge with Heidi](#))

