



# FAMILY FUN LIST: APRIL 2023

*Creating connections between you, your family, and our community*

### **Sleep Meditations:**

This app contains carefully crafted meditations developed and performed by a Montessori trained yoga teacher. The perfect bedtime addition to help improve sleep quality.

### **Fort Cross:**

A perfect place for a family adventure! This farm focuses on outdoor education for all ages, including music, art, survival skills, and more.

### **23 Things to do in 2023:**

Peruse this list of entertaining items across San Diego for some family fun. Discover old favorites or try out something new!

### **Master Class:**

Read through to learn how to grow sprouts in a jar at home! A fun learning activity for all ages, perfect for a rainy day stuck at home.

### **Sand N Straw Camp:**

In search of entertainment for your children this summer? These Young Pioneers four day morning camps will let them explore nature, spend time with animals, and so much more.

### **EdZOOcation:**

This STEAM based subscription box will be a hoot for any children who love animals. Includes a high-quality plush animal, fact books, recipes, and more!

### **Finding My Superpower:**

This book aims to encourage parents and children navigating a dyslexia diagnosis. Help your child see how their differences make them special!

### **Carcassonne Game:**

A puzzle-like board game based on strategy! Can be so beneficial for those with ADHD to practice skills in a sneaky fun way.

## Events

**Encinitas Spring Street Fair**  
4/29-30  
Highway 101

**Sensory Friendly Mornings**  
Sundays @ 9:30 am  
San Diego  
Children's Discovery Museum

**Easter Egg Hunts**  
4/1-4/9  
Around the county

**Click on each bolded link for more information!**

