



# FAMILY FUN LIST: AUGUST 2023

*Creating connections between you, your family, and our community*

## Reese Witherspoon's

### Hello Sunshine

#### Book Club Picks:

Looking for a good book to read this summer? Check out this list of quality reads from Pop Sugar.

## Storyboard That:

Try this online tool that allows you to create a digital storyboard without being an artist!



## Butterfly Jungle Safari:

Enjoy learning about butterflies as you get up close and personal with these beautiful creatures at the Wild Animal Park. Tickets are \$15/person.

## Happy Hearts Board Game:

This board game created by MINDFUL & CO is designed to develop a growth mindset, ignite laughter, and bring joy.

## Impact Parents:

A website full of resources to support parents with complex kiddos. You'll find coaching programs, podcasts, and more from experienced parents..

## Crunch Labs Build Box:

NASA engineer Mark Rober created these amazing activity boxes to inspire children to build, play, and think like an engineer. Various subscriptions are available.

## Feelings, Friction, and Family-A Podcast:

Hosted by Dr. Lisa Damour, this conversation offers excellent parenting advice.

## 123 Farm:

They host 5 festivals throughout the year, celebrating holidays and crops like lavender. A wonderful day trip for the family to enjoy!

## Events

### Candlelight Concert:

**Tribute to Taylor Swift**

Friday, 8/18  
Star Theater  
6:30 pm or 9 pm

### Del Mar

**Racing Season**

Now through 9/10  
Sunday, Thursday,  
Friday, Saturday  
2-7 pm

### Bike the Bay

Sunday, 8/27  
Coronado  
7 am or 8 am

**Click on each bolded link for more information!**